

COMMUNITY RESOURCE GUIDE

for Burns Lake & District

Updated:
February 2019



Prepared by:



**Lakes
LITERACY**

Printing Sponsored by:



Lakes District
Early Childhood
Development Committee



Children
First

Literacy Projects in the Lakes District

W.O.W. Bus (Words on Wheels):

A retired school bus was retrofitted in 2009 to become a traveling bookmobile bringing books and programs to outlying communities. The bus is good for children and adults alike - there is something of interest for everyone. The bus is making a weekly run to the South-side each week, bringing books and activities to the residents.

Throughout the year the bus can be found at the Lakes District Fall Fair, Canada Day, Aboriginal Day, and in the summer at the Spirit Square - stop by and check out the inside! Borrowing books/puzzles/games or participating in programs is always free.

"Give a Book - Take a Book" Program:

Books can be borrowed/traded/taken without due dates or costs from shelves located at the Lakeview Mall, Muriel Mould Neighbourhood Learning Centre, William Konkin Elementary, Lakes District Hospital, Lakes District Family Enhancement Society, and Elizabeth Fry. If there is location you think could use some books, please let us know.

Food Share Program:

The community Food Share Program began April 2014, and we have been thrilled to have Save-On Foods as our partner from the start. Organizations work together daily to recover and distribute food to people in-need throughout the Lakes District. Over 1,000 pounds of food each month is going into our community rather than the landfill!

Dolly Parton's Imagination Library:

Books in the home is the single biggest indicator of academic success - surpassing income, parents' education, family composition, and all other factors. A love of books and reading offers the foundation for literacy skills that set children up for future success. Parents reading to their children from birth improves a child's future reading ability. Through this program, each registered child (birth to age 5) receives a free, age-appropriate, high quality book each month. The books are addressed with the child's name and mailed directly to their home. Thanks to the Burns Lake Rotary Club for the funding to start this valuable project and the Early Childhood Development Committee (Success by 6 & Children First) for funds to help keep it going!

Literacy Projects in the Lakes District

Fostering Literacy:

Helping your child become a reader is the single most important thing that you can do to help your child succeed in school - and in life. The importance of reading simply can't be overstated - it is the key to lifelong learning.

In 2017, Lakes Literacy received funding from Decoda Literacy Solutions to offer children's literacy tutoring for free. The program was so successful we were granted funds to continue for 2018/2019 as well.

Community Resource Guide:

This guide is requested by individuals, businesses, organizations, as well as people moving to the area. Once again a huge thank-you to the Early Childhood Development Committee for the Children First funds to print 900 copies!

Support for Community Initiatives:

Lakes Literacy funds are contributed to the Burns Lake Public Library for Family Literacy events, as well as the Summer Reading Program. Lakes Literacy purchases new children/teen books to be included in the Christmas hampers, and supplies books for various community events and programs, like Books for Babies.

Please visit www.lakesliteracy.ca for more information.

Ways to help Lakes Literacy:

- Donate books to the W.O.W. Bus and 'Give a Book - Take a Book' program
- Monetary donations for projects (W.O.W. Bus expenses, Books, Dolly Parton's Imagination Library, Resource Guide printing)
- Join the Literacy Committee

Changes/Additions to the Resource Guide

Please email additions or updates to:

Jennifer Petersen, Literacy Outreach Coordinator

Phone: 250-695-6778

Email: ldhub@lakesdistrictliteracy.ca

www.lakesliteracy.ca

Contents

	<u>Page</u>
Children, Youth and Family Services	6-13
• Axis - Foster Parent Support Program	
• Bulkley-Valley Child Development Centre	
• Burns Lake Infant Development Program	
• Carrier Sekani Family Services	
• Child Care Resource and Referral (CCRR)	
• Elizabeth Fry Society	
• Eight Avenue Group Home	
• Lake Babine Nation Services	
• Lakes District Community Services Society	
• Lakes District Family Enhancement Society (LDFES)	
• Nechako Lakes Early Intervention Program (BVDC)	
• StrongStart Programs	
• Supported Child Development Program (TRC Ltd)	
Community Services/Resources	14-17
• Al-Anon & AA	
• Burns Lake Community Forest	
• Burns Lake Community Garden	
• Burns Lake & District Chamber of Commerce	
• Burns Lake Native Development Corporation	
• Burns Lake Public Library	
• Community Futures Development Corporation	
• Good Food Box Program	
• Granisle Public Library	
• Lakes District Food Bank (LDFES)	
• Royal Canadian Mounted Police	
• RCMP Victim/Witness Assistance Program	
• Southside Economic Development Association	
• Tachet Economic Development Office	
Daycares and Child Minding Centres	18
Education	18-19
Employment Services	20
Financial Institutions (ATM Locations)	21

Contents

	<u>Page</u>
First Nations Communities	21
Francois Lake Ferry Schedule	39
Government Services	22-24
• Burns Lake, Village of	
• Granisle, Village of	
• Ministry Services	
• Regional District of Bulkley-Nechako	
• Service BC	
Health Services	24-29
• Burns Lake Medical Clinic	
• Dentists	
• Eye Care	
• F.A.M.I.L.I.E.S. of BC Schizophrenia Society	
• Granisle Health Centre	
• Lake Babine (Woyenne) Health Unit	
• Lakes District Health Centre	
• Southside Health and Wellness Centre	
• Tachet Health Unit	
• Wet'suwet'en First Nation Health Clinic	
Pet (Animal) Care	30
Religious Organizations	31
Senior Services	32-33
• Lakes District Community Services Society	
• Meals on Wheels	
• Pines Care Home (The)	
• Rambler: Seniors Transportation	
Societies/Groups/Clubs/Committees	34-37
Shipping	38
Transfer Stations/Recycling/Sani Dump	38
Transportation	39

Children, Youth & Family Services

Axis Family Resources - Foster Parent Support Program

Raya Leith raya.leith@axis.bc.ca

250-691-1876

Bulkley-Valley Child Development Centre 250-692-4201

• **Nechako Lakes Early Intervention Program**

Muriel Mould Neighbourhood Learning Centre

Box 1146, 270 9th Avenue, Burns Lake, BC V0J 1E0

Services offered:

- * Occupational Therapy
- * Physical Therapy
- * Speech & Language Therapy
- * Family Services Co-ordinator

We provide services for all children in Burns Lake and the surrounding areas, including Southside, Granisle and Tachet. ANY family, caregiver, and/or community professional who may have questions about a child's development is able to make a referral to the Early Intervention Program.

We serve children and their families from birth to Kindergarten entry to support their development. Our team of professionals provides a family centered approach, working with the child and caregivers directly. We can also work together with those important to a child's health and wellbeing, for example, extended family, daycare, health professionals and any other specialists or medical clinics.

Referral forms can be obtained at our office or by downloading the Nechako Lakes form found at: bvcdc.ca/referrals/

Please deliver completed referrals to our office, or fax them to: 250-692-4221

Children, Youth & Family Services

Burns Lake Infant Development Program

Box 1142, 270 9th Avenue

250-692-3211

<http://idpofbc.ca/>

Fax: 250-692-3215

Muriel Mould Neighbourhood Learning Centre

Services for families & children from birth to five years – for when your child needs extra help.

- * Home visits to monitor progress, develop new activities, & support parents
- * Development assessments, resource materials, toy lending, referrals to other services
- * Infant Massage classes
- * Coordination of Book for Babies program

• Parent and Child Mother Goose Program:

- * Free drop-in session for parents & children from birth to five years at the Muriel Mould Neighbourhood Learning Centre
- * Encourages social skills development
- * Learn new songs and finger plays with child
- * Meet other parents, chat, make new friends
- * Wednesday & Friday mornings 10 - 11:30 a.m. Sept - June (Closed Statutory Holidays)
- * Call the office for summer hours (July/August)

Carrier Sekani Family Services www.csfs.org

• Child & Family/Community Mental Health Services

Burns Lake Office 108 - 2nd Avenue

250-692-2387

Southside Office 27920 Wellness Way

250-694-3270

- * Providing counselling & support to children & families in the Lakes District area, with school based programs provided in Grassy Plains School, Babine Elementary Secondary School (Granisle), Francois Lake Elementary School, Lakes District Secondary School and Woyenne (LBN) School.
- * Various workshops on mental health/wellness issues upon request.

Children, Youth & Family Services

Carrier Sekani Family Services - *continued*

• Early Childhood Development Services

*** Aboriginal Supported Child Development Program**

240 West Stewart St., Vanderhoof 250-567-2900
Contact: Dawne Persson Toll Free: 1-866-567-2333

The Aboriginal Supported Child Development (ASCD) program was built on the belief that through inclusion in preschool and daycare children with developmental disabilities can learn a full range of skills, and actively participate in home and community life.

ASCD supports any children or youth from 0-18 years old with developmental delays, including speech and language delays, fine motor delays, gross motor delays, cognitive delays, and social, emotional and behavioural delays. Children do not need a diagnosis to access the ASCD programs however, some children already may have diagnoses such as down syndrome, cerebral palsy, autism spectrum disorder, fetal alcohol spectrum disorder (FASD), deaf or hard of hearing, visually impaired, attention deficit hyperactivity disorder (ADHD), speech disorders such as apraxia, and complex health care needs, and are welcome to receive supports.

The ASCD Program provides supports for parents whose children are developmentally delayed or may be developmentally delayed. Supports include:

- Learn new parenting skills
- Find ways to develop a meaningful connection with their child
- Know that they are not alone and that resources are available to assist them
- Funding for ASCD is provided by the Ministry of Children and Family Services, and all ASCD services are provided free of charge

The goals of the program are for children with developmental delays to:

- Receive support in developing their skills
- Receive one-on-one support throughout their early childhood, when needed receive timely assessments, when applicable

Children, Youth & Family Services

Carrier Sekani Family Services - *continued*

• **Early Childhood Development Services** - *continued*

* **Early Years Centre** 250-251-0262

Nancy DeLury, EYC Coordinator

Muriel Mould Neighbourhood Learning Centre

270 9th Ave, Room 141

www.burnslakefamilies.ca/eyc www.facebook.com/eycburnslake

Open to all families, this is a place to come & see all of the Early Years Services offered in the Lakes District. Our coordinator will be happy to answer any questions regarding; child development, complete developmental screenings, where to access additional services, programs that are running in the community, etc. The centre also offers a variety of free programming for families to enjoy, including:

- **Craft Day: Tuesdays, 9:30 – 11:30**
 - * Stop in with the kiddos to enjoy crafts, play, and snacks, during this relaxed craft time for children and their caregivers.
- **Drop-in play time: Thursdays, 8:30 – 3**
 - * Drop-in to play or craft at a time that suits your schedule. Thursday drop-in is usually a quieter option for children and their caregivers.
- **Toy Lending Library: Tuesday, Thursday, and anytime the EYC door is open**
 - * The EYC has a wide selection of toys for children aged 0-6 that are available to borrow.

• **Guardianship Office** 250-692-1800

8-870 Hwy 16 W., Burns Lake

Fax: 250-692-1877

- * Children in Care Support Services
- * Family Preservation/Maternal Child Health Services
- * Community Health Nurse/Health Services

Children, Youth & Family Services

Child Care Resource and Referral (CCRR)

www.ccr.bc.ca 250-563-2483 1-800-680-6699
2020 Massey Drive, Prince George Fax: 250-563-2482
Provides support, training, resources and referral services for child care providers and parents.

Community Care Licensing 250-565-2150

The purpose of this program is to make sure licensed facilities are healthy & safe environments for adults, youth & children in care. We represent the public & families who rely on care providers to look after their loved ones. Daycares or residential care facilities that provide care & supervision to three or more children, who aren't related to the caregiver, need a community care facility license. Contact Northern Health Licensing Officers for more information:
www.northernhealth.ca/services/community-care-licensing

Eighth Avenue Group Home 250-692-7809

The 8th Avenue Group Home is a residential program for adults who have a developmental disability. The program is designed to support individuals to maximize their independence and participate fully as possible in their home community.

Elizabeth Fry Society 250-692-7559

Crisis and Support Line (24 hour): 250-692-5720
<http://pgefry.bc.ca/programs/burns-lake/>

Provides services to families, women & children:

- Children Who Witness Abuse (children ages 3-18 exposed to domestic violence)
- Outreach Program (women's counseling, support, referrals)
- Eagle's Nest Transition House for Women & Children
- Stopping the Violence Program (counseling for women who have experienced violence in a relationship)
- Family Support Program (call for more information)
- Family Connections - free confidential support for families with children 0-6. Services include individual support, referrals, Young Parents drop-in and Little Artists group.
Call for more information.

Children, Youth & Family Services

Kids Help Phone

1-800-668-6868

Website: www.kidshelpphone.ca (Ages 20 and under)

Lake Babine Nation

• Aboriginal Service Innovation—Early Years

Shauna M. Alec, Program Director

250-692-3463

shaunaalec@gmail.com

Fax: 250-692-3921

Muriel Mould Neighbourhood Learning Centre

Room 102 207—9th Avenue, Burns Lake

The program provides service for all Lake Babine Nation children (0-6 years old) in the three active communities of Woyenne, Tachet & Fort Babine. We're here to provide resources of the programs & services that are available in our community, ensuring they are accessible to all our members. We're here to assist with the quality of existing services in Woyenne, & make certain they are affordable for all members.

Fort Babine 692-3138 Tachet Childcare Centre 250-697-2380

• Lake Babine Nation Youth Centre

250-692-2358

• New Vision Wellness Centre

250-692-3558

105 Tsa Street - L.B.N.

Crisis Line 250-692-7684

Our counsellors are certified in either Wholistic Wellness, Mental Health or NADAAP (Drug & Alcohol) counselling. Family, relationships, domestic violence, intimacy, addictions, parenting, a variety of men's groups, diabetic cooking for families, talking circle, women's & girl's groups, women's fun night, & addictions counselling support are just some of the services offered. Referrals for treatment, pre treatment counselling & aftercare, are offered as well. Our services are confidential.

• Tachet Youth Centre

250-697-2224 or 1-877-999-2224

Children, Youth & Family Services

Lakes District Community Services Society

B-132 Francois Lake Drive (Park Place)

250-692-7577

www.lakesdistrictcommunityservices.ca

1-888-828-2056

- Provides the following services & programs:
 - * Community Youth Justice – Community Service, Youth at Risk, Intensive Supervision & Support (free)
 - * Child & Youth Special Needs Program (free)
 - * R.E.A.C.H. Program Community Inclusion– Developmentally Disabled Adults (free)
 - * Meals on Wheels
 - * Seniors Transportation Program (Rambler)
 - * see page 32 for information on Senior Services

Lakes District Family Enhancement Society (LDFES)

Box 777, Burns Lake, BC, V0J 1E0

250-251-1466

- **Healthy Start for Mommy and Me:**
 - * A program to promote healthy pregnancy & improve infant outcomes for pregnant women. Sessions are held in Burns Lake and Grassy Plains.
- **Lakes District Food Bank** - see page 17
- **Ashurst Children's Centre Daycare** - see page 18

Ministry of Children & Family Development - see page 22

Northern BC Crisis Centre <https://crisis-centre.ca/>

Crisis Line: 1-888-562-1214 (24 hrs/7 days a week)

Youth Line: 1-888-564-8336 (4pm-10pm 7 days a week)

BC Suicide Line: 1-800-SUICIDE (784-2433) (24 hrs/7 days a week)

Options Program

250-692-7845 or 250-692-7809

133 Francois Lake Drive

The Options Program is a community inclusion program for adults who have a developmental disability. We offer:

- support in developing social networks and connections within the community
- emphasize physical, social and emotional awareness to encourage and promote self-care

Children, Youth & Family Services

Parent Support Services Society of BC 1-877-345-9777
www.parentsupportbc.ca

- * Parent Support Circles
- * Grandparents Raising Grandchildren 1-855-474-9777
- * Parenting Education and Support

StrongStart - Burns Lake/Granisle 250-692-3146

Contact: Katie Blackwell, StrongStart Facilitator, ECE

Facebook: WKE StrongStart kblackwell@sd91.bc.ca

StrongStart is a FREE drop in early learning program for parents/ caregivers & children aged 0-5. The program is focused on encouraging language, emotional, cognitive, physical, sensory, and creative development in young children. Some activities may include, sensory table, gym time, library time, circle time, free play, art, fine motor play, and dramatic play.

• **William Konkin Elementary School StrongStart**

724 Carroll Street 250-692-3146

Monday, Thursday & Friday: 8:45-12:00 pm

Wednesday: 8:45 am—2:45 pm

Closed Tuesday, statutory holidays & Pro-D days

• **Babine Elementary Secondary School StrongStart**

34 Macdonald Avenue 250-697-2222

Tuesday: 9:30-12:00 pm

StrongStart—Grassy Plains School 250-694-3396

Thomas Robinson Consulting Ltd.

Burns Lake Consultant: Monique Brodie 250-692-6567

monique.brodie@trcl.ca

TRC Ltd. facilitates the following programs in Burns Lake:

• **Supported Child Development Program**

A community based resource that provides services to families with children who require extra supports to access regulated child care programs in their home communities.

• **Autism Support Services**

Support services for children and youth who have Autism Spectrum Disorder.

Community Services & Resources

Al-Anon - Southside 250-694-3745

Meets every Saturday: 10—11 am at the
Grassy Plains Gospel Church

Alcoholics Anonymous

Meets on Tues. and Sat. at 7:30 pm 250-692-3024
Immaculata Parish 248-3rd Ave

Women's group meets Wed. at 7:30 pm 250-685-8365
108 2nd Avenue

Alcoholics Anonymous - Southside

Meets on Mon. and Thurs. at 6:30 pm 250-691-1673
Grassy Plains Gospel Church

Burns Lake Community Forest Ltd

153 Francois Lake Drive 250-692-7724
blcomfor.com

Burns Lake Community Garden

Beate Marquardt 250-692-7977

- Community garden beds for resident use
- Facebook: Burns Lake Community Garden
- <http://burnslakecommunitygarden.weebly.com/>

Burns Lake & District Chamber of Commerce

540 Hwy 16, Burns Lake www.burnslakechamber.com

Fax: 250-692-3701

250-692-3773

Email: info@burnslakechamber.com

Burns Lake Families

www.burnslakefamilies.ca

Facebook: www.facebook.com/burnslakefamilies

Burns Lake Infant Development Program - see page 7

Community Services & Resources

Burns Lake Ladies Auxiliary Thrift Shop

36 – 4th Avenue

250-692-7666

Open Monday to Friday: 12:00 pm to 4:00 pm

- Sells used clothing, books & household items to support local hospital & community needs.

Burns Lake Native Development Corporation

485 Hwy 16 W, Box 1030, Burns Lake

250-692-3188

Website: www.blndc.ca/

Fax: 250-692-7483

Burns Lake Public Library

250-692-3192

585 Government Street

Website: burnslake.bc.libraries.coop

Burns Lake Visitor Information Centre

250-692-3773

540 Hwy 16, Burns Lake info@burnslakechamber.com

Fax: 250-692-3701

Bulkley-Valley Child Development Centre - see page 6

Canadian Diabetes Association

Website: www.diabetes.ca

1-800-268-4656

Carrier Sekani Family Services - see page 7, 8 & 9

Community Futures Development Corporation of Nadina

2430 Butler Ave Unit A, Houston

250-845-2522

Fax: 250-845-2528 Website: <http://cfnadina.ca/>

- Assists entrepreneurs and business owners with business plan creation and access to capital.

Early Years Centre - see page 9

Elizabeth Fry Society - see page 10

Community Services & Resources

Food Share Program 250-695-6778

Jennifer Petersen, Literacy Outreach Coordinator
Numerous agencies working together to recover food from Save-On Foods, & distribute it to people in-need throughout the Lakes District, on a daily basis.

Give a Book - Take a Book Program 250-695-6778

Jennifer Petersen, Literacy Outreach Coordinator

- Books for all ages can be borrowed/traded/taken free of charge from various locations in the Lakes District.
- If you have books for donation please contact the above number.

Good Food Box Program 250-692-3007

Contact: Jean Vessey

- \$20 per month for an assortment of fruits & veggies
- Forms are at Western Financial Group - Lakeview Mall
- Pick-up 2nd Tuesday of each month

Good Food Box Program - Southside 250-694-3270

Southside Health & Wellness Centre (SSHWC)

- \$20 per month for an assortment of fruits & veggies
- Pick-up 2nd Tuesday of each month at SSHWC

Granisle Public Library 250-697-2713

#2 Village Square, McDonald Ave. granisle.bc.libraries.coop

FireSmart

- Volunteers come out to your home within, or near the village boundaries, to do free FireSmart assessments of home exterior and property (as available).
- Always looking for new FireSmart committee members to volunteer. burnslake.firesmart@gmail.com

Lakes District Community Services Society 250-692-7577

See page 12 for more information

Community Services & Resources

Lakes District Food Bank

250-251-1466

(Lakes District Family Enhancement Society)

Provides emergency food supplies for people in need, on site & through our Mobile Food Centre.

- Personal Health CareCards will be accepted for identification
- Located at 788 Centre Street (across the street from the hospital)
- Hours of operation & emergency information is posted on the door of the Food Bank
- Community Kitchen Garden: Tracey Payne 250-692-5708

Lakes District News

Box 309, 23 – 3rd Avenue www.ldnews.net

250-692-7526

- Local printed media for news, announcements, & advertisements

Lakeside Multiplex www.burnslake.ca

250-692-3817

Royal Canadian Mounted Police

147 Highway 35, Burns Lake

250-692-7171

Box 759, Burns Lake BC V0J 1E0

Fax: 250-692-3869

#22 McDonald Street, Granisle BC

250-697-2333

RCMP Victim/Witness Assistance Program

147 Hwy 35, Mon-Thurs 9:00 am - 4:00 pm

250-692-3010

Southside Economic Development Association

www.southsidebc.ca 1246 Uncha Lake Rd

250-694-3430

Statistics Canada/Provinces

Websites: www.statcan.gc.ca or www.bcstats.gov.bc.ca

- Provides detailed statistics on social & economic trends & changes nationally, provincially, & locally.

Supported Child Development Program - see page 13

United Way of Northern British Columbia (UWNBC)

Michele Brooke, Community Development Officer

micheleb@unitedwaynbc.ca

250-561-1040 ext 103

Daycares & Child Minding Centres

Ashurst Children's Centre Daycare 250-692-1720
Lakes District Family Enhancement Society (LDFES)

Carebear Headstart Wet'suwet'en First Nation 250-698-7763

Child Care Resource & Referral - see page 10

Day Care Subsidy Request Line 1-866-866-0800
Provides information on day care & special needs supplements.

Fehr Weather Daycare - Dominique Fehr 250-692-9713

Helping Hands Family Daycare - Donna Bouck 250-692-0655

Hilltop Daycare - Sherri Fehr 250-692-9953

Little Angels Daycare - Burns Lake Band 250-692-7703

Movin' On Up (after school program) Tamara Janzen 250-692-9486

Tachet Child Care Centre 250-697-2380

Woyenne Daycare - Skakahtsin Lee Bey Yigh 250-692-4763

You Are My Sunshine Children's Centre 250-692-6837
Sharla Martens

E ducation

Cheslatta Carrier Nation Training Centre
26378 Keefe Landing Road 250-694-3334 ext 401
PO Box 909, Burns Lake, BC V0J 1E0
Shelley Wall, Manager of Education and Training

continued on next page

Cheslatta Carrier Nation Training Centre - *continued*

The Cheslatta Carrier Nation Education and Training Center is located on the south side of Francois Lake. The center is a hub for education and training for the Cheslatta Nation. The center welcomes all members of neighboring First Nations and local residents to attend the variety of courses being offered at the center. The Cheslatta Carrier Nation has partnered with the College of New Caledonia to ensure that the area has access to a wide variety of programs and courses.

College of New Caledonia

250-692-1700

www.cnc.bc.ca/lakes.htm

Fax: 250-692-1750

- Adult Education Centre in Burns Lake and Southside
- University Transfer Courses
- Trades Programs

School District No. 91 (Nechako Lakes)

<http://www.sd91.bc.ca/>

Muriel Mould Neighbourhood Learning Centre

- Burns Lake Regional Office 250-692-7782
- Burns Lake Maintenance Department 250-692-3150
- Busing Department 250-692-3130
- Vanderhoof Board Office 1-800-903-4771

Babine Elementary Secondary (K-12)

250-697-2222

Decker Lake Elementary (K-7)

250-698-7301

Francois Lake Elementary (K-7)

250-695-6401

Grassy Plains (K-12)

250-694-3396

Lakes District Secondary (8-12)

250-692-7733

William Konkin Elementary (K-7)

250-692-3146

StrongStart Programs - See page 12

Lake Babine Nation

Fort Babine Elementary (K-7)

250-692-3138

Morris Williams Elementary (K-7)

250-692-2355

Ted Williams Memorial Learning Centre

250-692-2355

Woyenne Secondary - K'ay Skak School

250-692-2355

Employment Services

Bridging to Employment Program

250-692-3586

492 Hwy 16 W. (side entrance)

Diana Batley, Coordinator dbatley@csfs.org

- Available to people 19 years of age or older who identify as First Nation
- Designed to help those who are unemployed or underemployed overcome barriers to furthering their education & employment goals
- Program is 10 weeks in length and runs Mon – Fri
- Some of the specific services provided by the program are:
 - * Support to set & achieve goals to address employment readiness
 - * Individual support to find & maintain employment
 - * Referrals to other programs & resources which may be of benefit to meet goals (counselling, treatment, health care needs, legal support, etc.)
 - * Life skills and education training in a group format
 - * Certification in WHIMIS, Food Safe, Serving it Right & First Aid.
 - * Build healthy support networks with new friends
 - * Supported work placement
 - * Teaching bahlats. (Carrier First Nations feast celebration)

The program is unique in that it is one of the only programs which is built on Carrier culture, practices, traditions & values; with life & employment skills weaved throughout.

Prince George Nechako Aboriginal & Employment Training Association (PGNAETA)

250-692-0055

- Help with resumes, cover letters, job searches & training support

WorkBC Employment Services Centre

Website: www.WorkBC.ca

250-692-4219

Park Place – 132 Francois Lake Drive Fax: 250-692-4237

- Provides services to assist with job search, resumes & cover letters
- Over 100 Workshops to assist in finding & maintaining employment
- Interview Preparation, Career Decision Making
- Self-Serve Resource Room & Current Job Postings

The Employment Program of British Columbia is funded by the Government of Canada & the Province of British Columbia.

Financial Institutions

Bulkley Valley Credit Union Lakeview Mall www.bvcu.com	250-692-7761
CIBC 233 Balmoral Plaza www.cibc.com	250-692-3127
RBC Royal Bank 354 Highway 16 www.rbc.com	250-692-7111

First Nations Communities

Burns Lake Band (Ts'il Kaz Koh) Bag 9000, Burns Lake www.burnslakeband.ca	250-692-7717 Fax: 250-692-4214
Cheslatta Carrier Nation Box 909, Southbank www.cheslatta.com	250-694-3334 Fax: 250-694-3632
Lake Babine Nation (Woyenne) Box 879 - 225 Sus Ave. Burns Lake www.lakebabine.com	250-692-4700 Fax: 250-692-4790
Tachet Administration Office	250-697-2335
Nee Tahi Buhn Band 47805 Olson Road, Grassy Plains	250-694-3494 Fax: 250-694-3492
Skin Tye Nation 6940 Campbell Road, Southbank	250-694-3517 Fax: 250-694-3268
Wet'suwet'en First Nation 21 Tom Drive, Burns Lake www.wetsuwetenfirstnation.com	250-698-7307 Fax: 250-698-7480

Government Services

Burns Lake Village Office

Box 570, 15 – 3rd Avenue
village@burnslake.ca www.burnslake.ca

250-692-7587
Fax: 250-692-3059

BC Ministry of Agriculture

Bag 6000, 3333 Tatlow Rd, Smithers
John Stevenson, Regional Agrologist
John.J.Stevenson@gov.bc.ca

250-847-6379
Cell 250-643-2445

Conservation Officer Service

161 Hwy 16, Burns Lake

250-692-7777

Enquiry BC

1-800-663-7867

- Toll-free transfer to any government agency

Employment Insurance

<http://www.servicecanada.gc.ca/eng/sc/ei/index.shtml>

1-800-206-7218

Granisle Village Office

Box 128, #1 Village Square
www.granisle.net

250-697-2248
Fax: 250-697-2306

Ministry of Attorney General - Court Service

Bag 3500 - 508 Highway 16

250-692-7711

Ministry of Children & Family Development

Box 615 – 108 – 2ND Avenue

250-692-4142

- The primary focus of the Ministry is to support vulnerable children and their families using a client-centred approach to service delivery that builds on their existing resources and capacities. This approach focuses the ministry on delivering services in a respectful, compassionate, strengths-based and culturally appropriate manner that maximizes the potential of children, youth and families to achieve meaningful outcomes.

continued on next page

Ministry of Children & Family Development - *continued*

- Provides support/referral services to families with respect to parenting issues
- Provides protection services for the Lakes District including investigation of child protection concerns
- Provides guardianship service for children in MCFD care
- Provides support & recruitment of foster care homes
- Provides Community Living Services

Ministry services are complementary & families may access a combination of services delivered through the following service lines:

- Early Years Services
- Services for Children & Youth with Special Needs
- Child & Youth Mental Health Services
- Child Safety
- Family, Youth & Children in Care Services & Adoption Services
- Youth Justice Services

Ministry of Environment - Skeena Regional Office

3726 Alfred Street, Smithers, BC

250-847-7260

Ministry of Forest

Bag 3500, 185 W. Highway 16

250-692-2200

Fax: 250-692-7461

Ministry of Health Services

1-800-663-7867

- Responsible for Medical Services Plan, Travel Assistance Program, PharmaCare, & BC Ambulance Service.

Ministry of Social Development & Poverty Reduction

1-866-866-0800

Ministry of Transportation & Infrastructure

www.DriveBC.ca

250-692-7161 or 250-847-7403
Road Conditions 1-800-550-4997

Government Services

Regional District of Bulkley-Nechako

Box 820, 37 – 3rd Avenue

www.rdbn.bc.ca

250-692-3195

Fax: 250-692-3305

Royal Canadian Mounted Police - see page 17

Service BC - Ministry of Labour & Citizens' Services

Bag 3500 – 161 W. Highway 16

250-692-2528

- Provides access to provincial government services, including but not limited to:
 - BC Medical
 - Rural Property Taxation
 - Vital Statistics
 - Notary & Commissioner Service
 - Fish & Wildlife
 - Consumer Taxes (motor fuel, PST, logging)
 - Corporate Registry & Business Services

Health Services

Burns Lake Medical Clinic

744 Centre Street

250-692-3111

Fax: 250-692-7477

- Provides medical services by appointment Monday - Friday

Canadian Cancer Society

250-564-0885

Services Provided: Cancer Support Information, Prevention Information, General Information on all types of cancer and treatments, Financial Assistant Kits.

Cancer Information Service: 1-888-939-3333 www.cancer.ca

Kordyban Lodge

1100 Alward Street, Prince George

250-562-3535

Canadian Red Cross

Medical Equipment Loan

1-800-278-7177

Carrier Sekani Family Services: Aboriginal Child & Youth

Mental Health (*See page 7, 8 & 9 for info*)

250-692-2387

Health Services

Dentists: Lakeview Dental Centre

744 Center Street

250-692-7791

Burns Lake Dental Clinic

98 2nd Avenue

250-692-3103

Denturist: Ecklands Denture Clinic

Lakeview Mall

250-692-7626

Dial-A-Dietitian Program www.dialadietitian.org **Dial 811**

Free nutrition information by registered dietitians & nutritionists.

F.A.M.I.L.I.E.S. of BC Schizophrenia Society

Heather Megchelsen

250-691-1132

lakesdistrict@bcss.orgwww.bcssp.org

- FAMILIES (Family Alliance on Mental Illness-Leaders in Involvement, Empowerment & Support) provides education & support for all family members affected by any mental illness (&/or addictions) through groups & individual consultations.
- Presentations on any of the mental illnesses are available for community groups (including schools).

FYidoctors 310 Hwy 16 fyidoctors.com

250-692-3466

Granisle Health Centre

250-697-2251

#80 Hagen Street, Granisle, B.C.

Fax: 250-697-6221

HealthLink BC ~ Nurse Line ~**24 Hrs Per Day**Website: www.HealthLinkBC.ca**Dial 811**

- Provides medical advice (Require CareCard Number)
- Provides information on when to call hospital

Lake Babine (Woyenne) Health Unit

250-692-4720

Lakes District Hospital & Health Centre - see pages 27-29**Screening Mammography Program**

1-800-663-9203

- Provides mammograms in Burns Lake during spring & fall

Health Services

Southside Health and Wellness Centre 250-694-3270
27920 Wellness Way Fax: 250-694-3290
Centre Coordinator: Aileen Serle www.southsidewellness.ca
Email: southsidewellness@hotmail.com

- Major Programs:

- * Addictions Services
- * Home Support
- * Nursing Services
- * Nurse Practitioners
- * Carrier Sekani Family Services (CSFS) Doctor Visits Monthly
- * CSFS Nurse 1-2 days a week
- * Mental Health Services
- * Community Health Representatives for the three Southside First Nations; Skin Tyee, Cheslatta Carrier, Nee Tahi Buhn
- ◇ Adult Immunizations including Influenza
- ◇ Arthritis Exercise
- ◇ Beginner Yoga
- ◇ Community Garden
- ◇ Dental Varnishing Program
- ◇ Diabetic Visits and Education
- ◇ Dietician Services (by referral)
- ◇ Expanded Counseling Opportunities
- ◇ Foot Care
- ◇ Health Fairs
- ◇ Infant and Child Immunization Program
- ◇ Informational Workshops
- ◇ Lab Services
- ◇ Liaison with Other Support Programs in Area
- ◇ Meeting Room Space (for health programs)
- ◇ Physiotherapy (by referral)
- ◇ Pregnancy and Birth Control Counseling
- ◇ Pre/post Natal Support/ Teaching
- ◇ Well-baby Programs
- ◇ Women's Cancer Screening

Wet'suwet'en/Necigeh Beyigh Health Centre

14 Tom Drive 250-698-7787
wfnchr@lakescom.net Fax: 250-698-7998

Tachet Health Unit

Email: tachethealth@lakebabine.com 250-697-2278
Fax: 250-697-2236

Health Services

Lakes District Health Centre

741 Centre Street, Burns Lake

Automated Switchboard	250-692-2400
Primary Care Central Registration	250-692-2412
Emergency Registration	250-692-2410

Aboriginal Patient Liaison

- Monday to Friday 8:00 - 4:00 pm
- Provides consistent communication & advocacy services for First Nations clients between community & acute programs.

Acute Care - 24 hours per day

- Provides inpatient (admitted patient) care
- Suggested visiting hours 10:00 - 8:00 pm

Administration

- Monday to Friday 8:00 - 4:00 pm
- Includes Health Services Administrator, Community Services Manager & Integrated Primary Team Lead.

Emergency Care - 24 hours per day

- Emergency Registration 250-692-2410
- Please remember to bring your CareCard & a list of any medications you take.

Laboratory Services - 24 hrs for Emergency Services

- Outpatient Hours (non-emergency) Mon-Fri: 8:30 - 4:30 pm
- Lab Drop Offs till 4:00 pm

Radiology Services - 24 hrs for Emergency Services

- Outpatient Hours Monday - Friday: 9:00 - 3:00 pm
- Closed for lunch 12:00 - 1:00

Spiritual Care

John Rakin at 250-692-2448

- Chaplains provide spiritual care & emotional care to patients and families of the Hospital and The Pines.

Health Services

Lakes District Health Centre - *continued*

Interprofessional Team—Primary Care

(previously Home & Community Care & Public Health)

- Monday to Friday 8:00 - 4:00 pm
- Central Registration 250-692-2412
- Primary Care uses an integrated community based case team that supports client & family focused care. Clients may self-refer or be referred by another practitioner or program.
- The programs below are included in Primary Care.

Senior Services (previously Long Term Case Management & Home Care Nursing)

- Assessment & coordination for adult support services including home support, residential care, adult day center, respite care, assisted living and the CSIL program.

Primary Care Services

- Wound Care for outpatients, including ostomy care and management (in home or at an outpatient clinic)
- Continence Care for outpatient
- Palliative Care in the home
- Central line care
- In home services for adults requiring assistance with personal care, including dressing, bathing, toileting, medications & meal preparation
- Consultation & education regarding chronic disease management
- Immunizations (publicly funded) for children & adults
- Vision, hearing, dental & development screening
- Prenatal registry including classes, breast feeding support & home visits to families with a new baby
- Drop-in growth measurement
- Harm reduction services & supplies
- Health Education to community groups, including schools
- Registered Dietitian onsite
- Sexual Health & Wellness Service:
 - * Pregnancy Testing
 - * Morning After Pill (ECP)
 - * Sexually Transmitted Infections (testing & treatments)
 - * Birth Control Options (counselling & dispensing)

continued on next page

Health Services

Lakes District Health Centre - Primary Care - *continued*

Mental Health

- Adults whose life & basic functioning is seriously affected by acute mental illness or by severe & persistent mental illness
- Youth (age 12-18) who have substance abuse concerns

Rehabilitation Services

- Rehabilitation therapists work with clients to optimize functional abilities, promote independence & enhance quality of life. Therapists work with the care team to create treatment plan & assess home accessibility & safety.

Primary Care Clinic (Nurse Practitioners & Doctors)

- Clinic Hours 9:00 - 4:30 pm
- Central Registration 250-692-2412
- Walk-in appointments accepted

Nurse Practitioners

- Nurse practitioners are health professionals who have achieved advanced nursing practice competencies at a Masters level.
- Nurse practitioners provide holistic health care services for clients requiring assistance with health challenges, including diagnosis (such as lab work) and treatment (such as prescribing medications) of acute and chronic illnesses.

Oncology Services

- Ongoing follow up oncology care.

Visiting Specialists

- Mobile Mammogram 1-800-663-9203
- Pacemaker Clinic
- Audiology
- Specialty Physicians:
 - * Internal Medicine
 - * Geriatric Psychiatrist
 - * Physiatrist
 - * Geriatrician
 - * Dermatologist
 - * Internist-Infections Disease
 - * Gynecologist
 - * Endocrinology
 - * Rheumatologist
 - * Pediatrician
 - * Geriatrics
 - * Genetician (all ages)

Amanda's K9 Clips

250-251-1144

Burns Lake Veterinary Clinic / Mother Millie - Simonds' Sanctuary

250-692-7476

24050 Fountain Frontage Road burnslakevetclinic.ca

Bakers Acres Kennels www.bakersacreskennels.com

7320 Tintagel Road Contact: Brandie Baker

250-692-6481

Lakes Animal Friendship Society

250-694-3696

Box 49 Southbank BC V0J 2P0

www.lakesanimalfriendship.ca

email: Valerie@lakesanimalfriendship.ca

Healthy Animals, Families and Communities

Proper animal care is good for the animals and helps keep families and communities safe and healthy!

- 1) Education – Making a difference starts with education! We educate the community about animal care, compassion and bite safety. Children are the most common dog bite victims. Proper animal care and safety skills keep kids from getting hurt. Students learn about respect for all living creatures.
- 2) Spay/Neuter – There are too many animals and not enough good homes! Spaying and neutering ("fixing") is good for your pets, your family and community. We work with local veterinarians to help lower income families have their pets spayed and neutered.
- 3) Dog Houses – Dogs and cats need proper shelter, particularly in our cold winters. We work with local schools and other groups to build and paint houses for dogs and cats in need.
- 4) Pet Food – Hungry families have hungry pets. We work with local groups (Burns Lake Community Forest, Starland Supply and P&B Feeds) and lower mainland donors to source, transport and store pet food for the local food bank.

Lakes District Kennel Club

Candice Little

250-695-6630

Religious Organizations

Burns Lake Community Church 530 Kerr Road	250-692-3259
Catholic Church (Immaculata Parish) 248 – 3 rd Avenue, Burns Lake	250-692-3568
Church of Jesus Christ of Latter Day Saints Hwy 35, Francois Lake	250-695-6654
Church of the Way Newman Ave, Granisle	Pastor Rob 250-697-6334 250-698-7334
Danskin Mennonite Church Keefes Landing Road, Danskin	250-694-3686
Decker Lake Mennonite Church 6760 Highway 16 West, Decker Lake	250-698-7629
Grassy Plains Gospel Church Keefes Landing Road, Grassy Plains	250-694-3756
Island Gospel Fellowship 810 Highway 35, Burns Lake	250-692-7551
Lakes Fellowship 724 Babine Lake Road www.lakesfellowship.ca	250-692-7464
Living Waters Church 766 Mulvaney Crescent, Burns Lake	250-692-0031
New Life (Vineyard) Christian Fellowship 457 Highway 16 West, Burns Lake	250-692-7962
Old Landmarks Christian Fellowship Muriel Mould Neighbourhood Learning Centre - 9th Ave	250-692-9196
Our Lady of the Plains Catholic Church Grassy Plains	250-692-3568
St. Paul's United Church 136 – 4 th Avenue	250-692-7202
Seventh Day Adventist Church Group 136-4th Ave (United Church), Burns Lake	250-695-6586
Wistaria Community Church 37348 Ootsa-Nadina Road	250-694-3377

Senior Services

Alzheimer Society of BC 1-800-667-3742
www.alzheimerbc.org

Arthritis Society 1-800-321-1433
www.arthritis.ca/bc

First Link Dementia Helpline 1-800-936-6033

Granisle Seniors Society Association 250-697-6218

- Meeting - 2nd Thursday of each month at 1:00 pm
- Social - 4th Thursday of each month at 1:00 pm

Lakes District Community Response Network
Kelly Turford 250-692-9792
Provides information, education, resources and support for vulnerable adults who may experience, or be at risk of experiencing, abuse, neglect or self-neglect. Support is available for vulnerable/older adults and families of those affected.

Lakes District Community Services Society 250-692-7577
www.lakesdistrictcommunityservices.ca 1-888-828-2056

- **Meals on Wheels**
 - * Provides hot meals to seniors for \$5.00 per meal (subject to change)
 - * Delivered by volunteers through Lakes District Community Services Society
- **Rambler: Seniors Transportation**
 - * Provides transportation for Burns Lake Village seniors on Tuesdays and Thursdays
 - * Fare is \$2.00 per day (subject to change)

Lakes District Senior Housing Association 250-692-3781
Carroll Cottage, Heritage Manor & Tweedsmuir House
53 - 9th Avenue Fax: 250-692-3785

- Provides self contained apartments for Lakes District seniors with low to moderate incomes.

Senior Services

Lakes District Seniors Society

Kay Saul

250-698-7632

Lifeline Program

1-800-851-0184

Maintain your independence while help is as close as the push of a button.

The Pines Care Home

800 Centre Street

250-692-2490

Contact: Grant Lemke

- Provides long term, extended residential care to seniors
- Adult Day Center
- Community Bath Program

Respite, Adult Day Centre, Assisted Living & Complex Care

Northern Health Primary Care

250-692-2412

Seniors Abuse & Information Line (SAIL)

<http://seniorsfirstbc.ca/programs/sail/>

1-866-437-1940

Seniors Curling Club

Wayne Larsen

250-695-6433

- Meets Tuesday & Thursday from 10:00 am – Noon

Seniors Advocate

1-877-952-3181

www.seniorsadvocatebc.ca

Seniors Travel Assistance Program

1-800-661-2668

- Provides information regarding travel discounts for medical purposes, for seniors and escorts.

Southside Seniors Housing Association

Donna Lambert

250-694-3571

Societies/Groups/Clubs/Committees

4-H Club's

Southside: Deanna Lambert, A Leader 250-694-3811

Burns Lake & Area: Heather Waters, A Leader 250-695-6405

4-H Senior Council - Lakes District

President Elan Reynolds 250-694-3501

Baseball

Mixed Slow Pitch – Jasmine Tom 250-692-9836

Beacon Theatre www.beacontheatre.ca 250-692-3334

Burns Lake Army Cadets

Gord Stanley 250-692-2272

Burns Lake Classic Cars burnslakeclassiccars.webs.com

Dieca Cooke 250-692-6935

Burns Lake Community Foundation 250-692-7081

blcommunityfoundation.org bld.communityfoundation@gmail.com

Burns Lake Curling Club

Kevin White 250-692-3294

Burns Lake Minor Hockey Association

Steven Bayes vpblmha@gmail.com 778-669-1110

Burns Lake Mountain Bike Association 250-695-6400

Guy Epkens-Shaffer www.burnslaketrails.ca

Burns Lake Little League

Sara Levick burnslakelittleleague@gmail.com 250-692-9451

Burns Lake Old Timers Hockey

Jarrett Anderson 250-692-0340

Burns Lake Paintball Association

Michael Jacques 250-692-7773

Burns Lake Rodeo Association

Derek Feldman 250-699-6628

Burns Lake Saddle Club

Shannon Marr burnslakesaddleclub.weebly.com/ 250-251-1637

Societies/Groups/Clubs/Committees

Burns Lake Scouts, Cubs, Beavers

Tyree Parkin

403-627-8751

Burns Lake Snowmobile Club

Dennis Firomski

250-692-6438

Burns Lake Soccer Club www.blsoccer.ca

Donna Franz

250-698-7565

Burns Lake Soccer - Adults

Ryan Wilkes

250-619-0509

Burns Lake Terry Fox Committee

Carla Carlson 250-692-7438 Tammy Zayac 250-695-6496

Burns Lake Trail Runners Group

Susan Russell

250-692-9454

Burns Lake Vortex - Women's Hockey

Rose Unruh (for ages 13)

burnslakevortex@hotmail.com

250-692-3303

Chambermaids Choir (Both Sides Now)

Martina Zechendorf

250-692-3951

Chinook Emergency Response Society

Rise' Johansen

250-694-3403

Colleymount Recreation Commission

Diane Tremblay

250-695-6618

Decker Lake Recreation Commission

Ed Martens

250-698-7453

Eagle Creek Recreation Commission

Richard Cannon

250-699-8697

Early Childhood Development Committee

Nancy DeLury, Coordinator

250-692-9532

FireSmart Committee - see page 17

Francois-Ootsa Sportsman's Association

Derek Blackwell

250-694-3873

Societies/Groups/Clubs/Committees

Francois/Tchesinkut Lake Recreation Commission

Kim Gillespie 250-695-6783 or Joan McFee 250-695-6381

Lakes District Airport Society

Reg Blackwell 250-695-6935

Lakes District Arts Council

Sandra Barth www.lakesdistrictarts.com 250-692-3371

Lakes District Cattlemen's Association

President Jon Solecki 250-692-0665

Lakes District Community Choir

Boni Lambert 250-692-3648

Lakes District Community Pool Club

Martina Zechendorf 250-692-3951

Lakes District Community Response Network

Kelly Turford 250-692-9792

Lakes District Community Service Network

Nyree Hazelton nhazelton@csfs.org 250-692-2387

Lakes District Fall Fair Association

Joan McFee 250-695-6381

Lakes District Festival Association

Lois Koop www.ldfestival.com 250-695-6699

Lakes District Folk Music Society

www.ldfms.ca 778-349-7245

Lakes District Kennel Club

Candice Little 250-695-6630

Lakes District Museum Society

250-692-7450

Lakes District Roping Club

Amanda Ettinger-Boeker 250-692-0649

Lakes District Trappers Association

Denys Bell 250-692-3525

Societies/Groups/Clubs/Committees

Lakes District Pony Club

Karen Ritchey

250-695-6642

Lakes District Rock & Gem

Leanne Miranda

250-698-7337

Lakes District Team Penning & Sorting Association

Mike O'Meara

250-691-1947

Lakes Outdoor Recreation Society

Lynn Synotte

250-692-9574

Lakes Taekwon-Do

Jeannette Froese

250-692-6704

Lakeside Multiplex/Tom Forsyth Arena/Burns Lake Curling Rink

(Recreation Department, Village of Burns Lake) www.burnslake.ca

250-692-3817 or 250-692-7587

Omineca Ski Club www.ominecaskiclub.ca

Agathe Bernard

250-698-7737

Palling Recreation Commission

Cindy Andersen

250-698-7927

Rose Lake Community Club

Karen Sirfalk

250-696-3379

Rotary Club of Burns Lake rotaryburnslake.org

Darrell Hill, President

250-251-9490

Royal Canadian Legion Branch 50

250-692-3232

Legion Dart Club Luc 250-691-1536 or Karen 250-251-1227

Special Olympics BC

1-888-854-2276

www.specialolympics.bc.ca

Tatalrose Farmers Institute

Jon Solecki

250-692-0665

Tweedsmuir Junior Saddle Club

Liz Kemppainen

250-692-9207

Tweedsmuir Park Rod & Gun Club tprg.ca

Tweedsmuir Recreation Commission

Pat Kalaman

250-694-3658

Shipping

Canada Post - Post Offices

www.canadapost.ca

- ⇒ Burns Lake - 388 Government Street 250-692-3556
- ⇒ Southbank 250-694-3320
- ⇒ Granisle - #5 McDonald Street 250-697-2307

Burns Lake Freight & Delivery

250-692-3178

465 Government Street

- ⇒ Clark Freightways
- ⇒ Van Kam Freightways Ltd
- ⇒ DHL Express Courier
- ⇒ Loomis Express
- ⇒ Overland West Freight Line
- ⇒ Bandstra Transportation Systems Ltd.

Purolator www.purolator.com

1-888-744-7123

- LDFC Printing & Stationery 166 B Hwy 16 250-692-3309

UPS www.ups.com

1-800-742-5877

- Blu Jay Sports & Appliances 5-251 Hwy 16 250-692-3155

Transfer Stations/Recycling/Sani Dump

Transfer Station Locations:

- Burns Lake - 4410 Babine Lake Road
- Granisle - 71815 Central Babine Lake Hwy 118
- Southside - 36007 Eakin Settlement Road

For Information & Hours of Operation: www.rdbn.bc.ca

Regional District of Bulkley-Nechako 250-692-3195

Burns Lake Return-It Depot

250-692-7948

113 Park Street

www.return-it.ca/locations/burns-lake-return-it-depot/

BC Liquor Store - Lakeview Mall

250-692-2258

Sani Dump - Railway Avenue (right off Francois Lake Drive)

Transportation

Bulkley Nechako Regional Transit System (BC Transit)

<https://bctransit.com/bulkley-nechako>

1-855-499-1119

BC Bus North Service bcbus.ca

1-844-564-7494

Lakes District Community Services Society

Rambler: Seniors Transportation

250-692-7577

Via Rail viarail.ca

1-888-842-7245

Francois Lake Ferry Operated by WaterBridge Equipment Inc.

Ferry: 250-694-3423 Office: 250-695-6491

All times are Pacific Time. Extra trips may be made as required.

Departs Southside	Departs Northside
5:30 am	5:55 am
6:20 am	6:45 am
7:10 am	7:35 am
8:00 am	8:25 am
* 8:50 am*	9:15 am
9:40 am	10:05 am
10:30 am	11:00 am
11:30 am	12:01 pm
12:30 am	1:00 pm
1:30 pm	2:00 pm
2:30 pm	2:55 pm
3:20 pm	* 3:45 pm*
4:10 pm	4:35 pm
5:00 pm	5:25 pm
5:50 pm	6:15 pm
6:40 pm	7:05 pm
7:30 pm	8:00 pm
8:30 pm	9:00 pm
9:30 pm	10:00 pm
10:30 pm	11:00 pm

School Bus Sailings

Emergency Phone Numbers:

**Police/Fire/Ambulance
CALL 911**



Natural Gas Emergencies:

1-800-663-1173

Power Outages and Emergencies:

1-888-769-3766

Non-Emergency Phone Numbers:

Police: 250-692-7171

Fire Department - Burns Lake: 250-692-3664
Southside: 250-694-3553

Ambulance: 1-800-461-9911

Hospital: 250-692-2400

HealthLink BC—Nurse Line: Dial 811

Poison Control Centre: 1-800-567-8911

Crisis Centre: 1-888-562-1214

BC One Call (dial before you dig): 1-800-474-6886

Report a Wildfire: 1-800-663-5555 or
*5555 from a cell phone